

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B	Pancakes Samosa Pancakes mint cilantro chutney http://walking.about.com/od/sidedishrecipes/r/mintchutney.htm kiwi coulis	Leftover pancakes	Granola w yogurt& fruit	Granola w yogurt& fruit	Granola w yogurt& fruit	Granola w yogurt& fruit	TBA
L	Soup, Breadsticks, Salad	Leftover tacos	Wheat Berry Salad	Wheat Berry Salad	Quinoa Salad	Quinoa Salad	Soup and Salad
D	Beer Braised Turkey Tacos FW0310.56 http://www.foodandwine.com/recipes/beer-braised-turkey-tacos pineapple habanero salsa	Curried Wheat Berry Salad with Pistachio Nuts and Coconut RtSB 196	Quinoa Salad with Lemon Vinaigrette w/Tofu RtSB 203	Leftovers	Jambalaya (Family Circle)	Soup if other food is done	Possibly Out

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